

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Pleasant Valley Lodge Activity Calendar		9:15 Exercise 1 10:30 Bingo 10:30 Book Talk (Dining Room) 1:30 Pass The Ace 2:30 Pool	9:15 Exercise 2 2:30 Tuck Shop	9:15 Multiplex 3 10:30 Floor Curling 1:30 Cards	9:15 Exercise 4 10:30 Hand waxing & Nail Painting 2:00 Coffee Blends With Friends 3:30 Tuck Shop	5 Movie Plays @ 1:30pm & 6:30pm
	6 STAT HOLIDAY NO Activities No Housekeeping or Laundry Services resume tomorrow Labor Day	8 9:15 Exercise 10:30 Bingo 1:30 Pass the Ace REC room will be closed @3pm	9 9:15 Exercise 11:00 Mass 1:30Downtown shopping 2:30 Tuck Shop	10 9:15 Exercise 10:30 Floor Curling 1:30 Cards	11 9:15 Exercise 10:30Shuffleboard 2:00 Marion & Singers 3:30 Tuck Shop Rosh Hashanah Begins	12 Rec Room Closed for the day
	13 3:00 Church Service Grandparents Day	14 9:15 Exercise 10:30 Game Show Games 1:30 Choc Bar Bingo 2:30 Tuck Shop	15 9:15 Exercise 10:30 Bingo 1:30 Pass The Ace 2:30 Craft Club	16 9:15 Exercise 11:00 Mass 1:30 United Church Service 2:30 Tuck Shop	17 9:15 Multiplex 10:30 Floor Curling 1:30 Cards	18 9:15 Exercise 10:00-3:00 Activities With Boyle Residents 3:30 Tuck Shop Oktoberfest Begins
	20 3:00 Church Service Yom Kippur Begins	21 9:15 Exercise 10:30 Game Show Games 1:30 Choc Bar Bingo 2:30 Tuck Shop	22 9:15 Exercise 10:30 Bingo 1:30 Craft Club 2:30 Pool Autumn Begins	23 9:15 Exercise 11:00 Mass 10:30 Downtown Shopping & Lunch 2:30 Tuck Shop	24 9:15 Exercise 10:30 Bagging Veggies 1:30 Cards	25 8:30 Making Sandwiches 11-2 Soup & Sandwich 2:00 Marion & Singers Sukkot Begins
	27 3:00 Church Service	28 9:15 Exercise 10:30 Game Show Games 1:30 Choc Bar Bingo 2:30 Tuck Shop	29 9:15 Exercise 10:00 Servus Banking Services 10:30 Bingo 1:30 Pass The Ace 2:30 Pool	30 9:15 Exercise 11:00 Mass 1:30 Baking 2:30 Tuck Shop	 September 2026 All Activities are subject to change	