

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Pleasant Valley Lodge Activity Calendar						
3:00 Church service	2 STAT Holiday No Activities No Housekeeping or Laundry Services Resume tomorrow	3 9:15 Exercise 10:30 Bingo 10:30 Book Talk (Dining Room) 1:30 Baking Cookies	4 9:15 Exercise 11:00 Mass 1:30 Hand waxing & Nail Painting 2:30 Tuck Shop	5 9:15 Exercise 10:30 Floor Curling 1:30 Cards 1:30 Baking & Bagging Cookies	6 9:15 Exercise 1:30 Tea In Gazebo 3:30 Tuck Shop	7 8 Movie Plays: 1:30 & 6:30
3:00 Church service	9 9:15 Exercise 1:30 Choc Bar Bing 2:30 Tuck shop Whitney Is Away	10 9:15 Exercise Whitney Is away	11 9:15 Exercise 11:00 Mass 1:30 Downtown Shopping 2:30 Tuck Shop	12 9:15 Multiplex 1:30 Cards Whitney is Away	13 9:15 Exercise 10:15 Lake Day Trip 2:00 Marion & Singers 3:30 Tuck Shop	14 15
3:00 Church service	16 9:15 Exercise 10:30 Game Show Games 1:30 Choc Bar Bing 2:30 Tuck shop 6-9 Bingo (Seniors Center)	17 9:15 Exercise 10:30 Bingo 1:30 Craft Club	18 9:15 Exercise 11:00 Mass 1:30 United Church Service 2:30 Tuck Shop	19 9:15 Exercise 10:30 Armchair Travel (Dubai) 1:30 Cards	20 9:15 Bus Leaves for Boyle 3:30 Tuck Shop	21 22 Movie Plays: 1:30 & 6:30
3:00 Church service	23 9:15 Exercise 10:30 Game Show Games 1:30 Choc Bar Bing 2:30 Tuck shop	24 9:15 Exercise 10:30 Bingo 1:30 Craft Club	25 9:15 Exercise 11:00 Mass 10:30 Downtown Shopping & Lunch 2:30 Tuck Shop	26 9:15 Exercise 10:30 Floor Curling 1:30 Cards	27 9:15 Exercise 10:30 2:00 Marion & Singers 3:30 Tuck Shop 6-8 Family & Friends night	28 29
3:00 Church service	30 9:15 Exercise 10:30 Game Show Games 1:30 Choc Bar Bing 2:30 Tuck shop 6-9 Bingo (Seniors Center)	31	All Activities are subject to change			