

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:15 Exercise 1 All Day Practice for Olympics 1:30 Big Bingo 6:00-9:00 Bingo Seniors Center	9:15 Exercise 2 Senior's Olympic in Lac La Biche Bus Leaves @ 8:15 am	3 10:00am Shopping in Westlock	9:15 Cardio 4 Drumming 10:30 Hand Waxing Presentation 2:00 Ice Cream Social	5 11-2:00 Seniors BBQ 3:30 Tuck Shop	6
3:00 Church Service 7	9:15 Exercise 8 10:30 Game Show Games 1:30 Choc bar Bingo 2:30 Tuck Shop	10:30 Reg Bingo 9 1:30 Kings in the Corner & Scrabble	9:15 Cardio 10 Drumming 11:00 Mass 1:30 Hand Waxing & Nail Painting 3:30 Tuck Shop	9:15 Multiplex 11 11:00 Floor Curling 1:30 Cards	9:15 Exercise 12 10:30 Horse Racing 2:00 Marion & Singers	13 1:30 & 6:30 Movie Plays Scott Woods Show Bus Leaves @ 6:30pm
3:00 Church Service 14 <small>Flag Day (U.S.)</small>	9:15 Exercise 15 10:30 Game Show Games 1:30 Choc bar Bingo 2:30 Tuck Shop 6-9 Bingo Seniors Center	9:15 Exercise 16 10:30 Reg Bingo 1:30 Corn Hole & Yard Games	9:15 Exercise 17 11:00 Mass 1:30 United Church Service 1:30 Down Town Shopping 3:30 Tuck Shop	9:15 Exercise 18 10:30 Arm Chair Travel 1:30 Cards	9:15 Exercise 19 1:30-3:00 Father's Day Celebration Tuck Shop open upon Request <small>Juneteenth</small>	20
3:00 Church Service 21 <small>Father's Day Summer Begins</small>	9:15 Exercise 22 10:30 Game Show Games 1:30 Choc bar Bingo 2:30 Tuck Shop 6:30 Community Band	9:15 Exercise 23 10:30 Reg Bingo 1:30 Kings In the Corner & Scrabble	9:15 Cardio 24 Drumming 11:00 Mass 1:30 Crafts 3:30 Tuck Shop	9:15 Multiplex 25 11:00 Floor Curling 1:30 Cards	26 2:00 Volunteer Appreciation 6:00 Family & Friends Night	27 1:30 & 6:30 Movie Plays
3:00 Church Service 28	9:15 Exercise 29 10:30 Game Show Games 1:30 Choc bar Bingo 2:30 Tuck Shop 6-9 Bingo Seniors Center	9:15 Exercise 30 10:30 Reg Bingo 1:30 Corn Hole & Yard Games	 <h1>June 2026</h1> <p>Activities are subject to change</p>			